


ACTIVITIES

January 2021

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|------------------|---|--|--|---|--|--|
| | | | | | 1  | 2 1:00 – Movie |
| 3 1:00 Movie | 4 10:00 – Move those feet 1:00 – Room Visits 2:30 –Football Toss | 5 10:00 – Coffee /News 1:00 – Room Visits 2:00 – Church Services | 6 10:00 – Pump Your Blood 1:00 – Room Visits 2:00 – Music: Name that tune | 7 Take down Christmas Decorations | 8 10:00 Music Freys 1:00 – Room Visits 1:30 – Word Find | 9 9:00 – Open recreation |
| 10 1:00 Movie | 11 10:00 – Let’s Stretch 1:00 – Room Visits 1:30 Bowling | 12 10:00 – Coffee/News 1:00 – Room Visits 1:30 – Church Services | 13 10:00 – Lets do Nails 1:00 – Room Visits 1:30 – Movie | 14 10:00 – Coffee/News 1:00 – Room Visits 1:30 – BINGO | 15 10:00 – Room Visits 11:30 – Fish Fry 1:30 – Cover that Number | 16 1:00 – Movie |
| 17 1:00 Movie | 18 10:00 – Stomp those Feet 1:00 – Room Visits 2:30 – Wheel of Fortune | 19 10:00 – Coffee/News 1:00 – Room Visits 1:30 – Resident Council | 20 10:00 – Lets Move 1:00 – Room Visits 1:30 - Music: Name that Tune | 21 10:00 – Coffee/News 1:00 – Room Visits 1:30 - BUNCO | 22 10:00 – Let’s Stretch 1:00 – Room Visits 2:00 – Happy Hour | 23 9:00 –Open Recreation |
| 24 1:00 Movie | 25 10:00 – Let’s Stretch 1:00 – Room Visits 1:30 – BUNCO | 26 10:00 – Coffee/News 1:00 – Room Visits 2:00 – Church Services | 27 10:00 – Lets do Nails 1:00 – Room Visits 1:30 - Movie | 28 10:00 – Coffee/News 1:00 – Room Visits 1:30 – Bean Bag Toss | 29 10:00 – Pump Your Blood 1:00 – Room Visits 1:30 – Let’s Gab | 30 1:00 - Movie |
| 31 1:00 Movie | | | | | | NOTE: Social room visits daily at 1:00 pm Mon – Fri. |